### **TENNIS & ACADEMICS PROGRAM**



The Tennis & Academics program was designed for players who want to benefit of a complete tennis and physical training combined to an academics program. Players are taking part in 15 hours weekly tennis and fitness sessions. In the same times players are taking part to the weekly academics program in our school partner (Ecole International Le Verseau)

The Tennis & Academics program is available from september to june but the places for it are limited.

### JUSTINE HENIN TENNIS ACADEMY

The Justine Henin Academy welcomes students who have a serious project for personal development and sports. They should be totally committed in this one and be ready to work hard to achieve their goal.

The Tennis & Academics program, boarding and non-boarding are proposed from 1<sup>st</sup> September to 30<sup>th</sup> June with optional possibility to extend during the vacations and have limited space;

Most of Justine Henin players are aged from 12 to 18. Physical coach, trainer and tennis coaches are working together, with individualized programs. The academy also organizes tour travelling with coaches all around the world to play international tournaments (Tennis Europe 14, Tennis Europe 16, ITF Juniors).

Since 2009, players from the Justine Henin Tennis Academy won 4 Single Junior Grand Slam titles, reached 3 finales Single Junior Grand Slam, won 6 Double Junior titles, reached the place of No. 1 junior in the world and World Junior Champion.

Since 2009, great champions like Anna CHAKVETADZE, Daniela HANTUCHOVA, Yanina WICKMAYER, Elina SVITOLINA, Lesia TSURENKO, Stéphane ROBERT, Ruben BEMELMANS, Mirza BASIC have trained at the Justine Henin Academy to take advantage of the facilities and experience of coaches.

Justine Henin Tennis Academy collaborate with a school partner

# ECOLE INTERNATIONALE LE VERSEAU

The Internationale School "Le



Verseau" is located at 8 km from the Justine Henin Tennis Academy (10 min. by car). Transport between the school and the academy is dealt by the Justine Henin Academy. The international school "Le Verseau" practises a teaching of French language.

#### **PHILOSOPHY**

L'école n'est pas seulement le lieu où se prépare une carrière ou une profession : elle doit permettre aussi de développr toute la personnalité et de relier celle-ci à la vie sociale et planétaire. C'est pourquoi, tout en attachant une grande importance aux sujets académiques, nous favorisons également l'imagination, les activités sportives et artistiques, ainsi que l'apprentissage de la relation. Dans cette optique, nous trouvons important d'encourager chacun à se découvrir, à se comprendre soi-même et à apprendre la réflexion tant par l'attention et la conscience de son propre comportement que par l'intégration personnelle des connaissances. A cet effet, l'esprit critique nous paraît essentiel dans notre monde en mutation profonde: nous cherchons à le développer par le décodage de l'environnement médiatique et le questionnement scientifique.

For more informations:

http://www.eiverseau.be

#### PROGRAM DESCRIPTION

### Included in the program:

- Tennis workout (10 hours weekly);
- Physical workout (5 hours weekly);
- Physical prevention;
- Mental workout : Individual program (on demand).
- Sport Nutrition :
  - Meals specifically adapted to the sport
  - Tests and follow-up.
  - Individual program (on demand).
- Medical supervision;
- Physiotherapy supervision (injury treatment not include);
- · Player evaluation report;

#### **BOOST YOUR PROGRAM!**

You can also add individual tennis lesson to get more from your program. If you are interested to BOOST YOUR PROGRAM let us know when you register for your TENNIS & ACADEMICS PROGRAM. This option is available during all the year but the places for it are limited.

#### **BOARDING**

The full boarding includes the housing in apartments with other players, and the supervision of the manager of the accommodation. Full boarding also includes all the meals and transport from housing to Justine Henin Academy.

Full boarding at the academy is available for players aged of 13 years and more. Full boarding in host family is available for players aged of 13 years and under at our partner's hotels (see registration form).

Included in the boarding:

- 3 meals/day;
- Appartment of 4 persons;
- Transportations;
- Activities (2 times/month);

### PRICES AND SERVICES INCLUDED

Academics _   Tennis Program Yes   Physical Program Yes   Mental Program Yes   Accomodation Yes   Transportation: _   to and from Brussels airport 50€   to and from Charleroi airport 65€   Laundry Yes   Breakfast Yes   Lunch Yes   Dinner Yes   Transportation fees to all activities Yes   Club Membership – Use of Facilities Yes   Wireless Internet Yes   Physiotherapy Service consultation Yes   Federative License 20€		Boarding	Non Boarding
Physical Program       Yes       Yes         Mental Program       Yes       Yes         Accomodation       Yes       _         Transportation:       _       _         to and from Brussels airport       50€       _         to and from Charleroi airport       65€       _         Laundry       Yes       _         Breakfast       Yes       _         Lunch       Yes       Mon-Fri         Dinner       Yes       _         Transportation fees to all activities       Yes       _         Club Membership – Use of Facilities       Yes       Yes         Wireless Internet       Yes       Yes         Physiotherapy Service consultation       Yes       Yes	Academics	_	_
Mental Program Yes Yes   Accomodation Yes	Tennis Program	Yes	Yes
Accomodation Yes _   Transportation:   to and from Brussels airport 50€ _   to and from Charleroi airport 65€ _   Laundry Yes _   Breakfast Yes _   Lunch Yes Mon-Fri   Dinner Yes _   Transportation fees to all activities Yes _   Club Membership – Use of Facilities Yes Yes   Wireless Internet Yes Yes   Physiotherapy Service consultation Yes Yes	Physical Program	Yes	Yes
Transportation: to and from Brussels airport to and from Charleroi airport  Laundry  Breakfast  Lunch  Dinner  Transportation fees to all activities  Club Membership – Use of Facilities  Wireless Internet  Pinal Service consultation  Transportation:  Yes  Yes  Yes  Yes  Yes  Yes  Yes  Ye	Mental Program	Yes	Yes
to and from Brussels airport to and from Charleroi airport  Eaundry  Breakfast  Yes  Lunch  Ves  Mon-Fri  Dinner  Transportation fees to all activities  Club Membership – Use of Facilities  Wireless Internet  Physiotherapy Service consultation  To and from Brussels airport  50€  65€  Mon-Fri  Yes  Yes  Yes  Yes  Yes  Yes  Yes  Ye	Accomodation	Yes	_
to and from Charleroi airport  Laundry  Breakfast  Yes  _ Lunch  Yes  Mon-Fri  Dinner  Transportation fees to all activities  Club Membership – Use of Facilities  Wireless Internet  Physiotherapy Service consultation  Facilities  Consultation  Yes  — Yes  Yes  Yes  Yes  Yes  Yes  Y	Transportation :		_
Laundry Yes Breakfast Yes Lunch Yes Mon-Fri  Dinner Yes Transportation fees to all activities Club Membership – Use of Facilities Yes Yes  Wireless Internet Yes Yes Physiotherapy Service consultation  Yes	to and from Brussels airport	50€	
Breakfast  Lunch  Yes  Mon-Fri  Dinner  Transportation fees to all activities  Club Membership – Use of Facilities  Wireless Internet  Physiotherapy Service consultation  Yes  Mon-Fri  Yes  Yes  Yes  Yes  Yes  Yes  Yes  Ye	to and from Charleroi airport	65€	
Lunch Yes Mon-Fri  Dinner Yes  Transportation fees to all activities  Club Membership – Use of Facilities Yes Yes  Wireless Internet Yes Yes  Physiotherapy Service consultation Yes Yes	Laundry	Yes	_
Dinner Yes  Transportation fees to all activities Club Membership – Use of Facilities Yes Yes  Wireless Internet Yes Yes  Physiotherapy Service Consultation Yes Yes	Breakfast	Yes	_
Transportation fees to all activities  Club Membership – Use of Facilities  Wireless Internet  Physiotherapy Service consultation  Yes  Yes  Yes  Yes  Yes  Yes	Lunch	Yes	Mon-Fri
Club Membership – Use of Facilities  Wireless Internet  Physiotherapy Service consultation  Yes  Yes  Yes  Yes  Yes  Yes	Dinner	Yes	_
Facilities  Wireless Internet  Yes  Yes  Physiotherapy Service consultation  Yes  Yes  Yes	·	Yes	-
Physiotherapy Service Yes Yes consultation	-	Yes	Yes
consultation	Wireless Internet	Yes	Yes
Federative License 20€ 20€		Yes	Yes
The state of the s	Federative License	20€	20€
Registration Fee Yes Yes	Registration Fee	Yes	Yes
BOOST YOUR CAMP! Individual Lesson  75€ per hour 75€ per hour		75€ per hour	75€ per hour

Duration :	Boarding	Non Boarding
1 year	On demand	1500€/month
Academics program non-included		

Last upgrade rates, January 2016.